



Depression:

What is Depression? And What Helps?

LEARN HOW TO RECOGNIZE THE SIGNS OF DEPRESSION AND HOW TO HELP YOU OR A LOVED ONE THROUGH DIFFICULT TIMES

Date: November 13, 2012

Time: 11:30-1:00 (after the Franklin County
Community Advisory Council)

**Location: 103 Bickett Blvd.
NC Cooperative Extension Agency
Louisburg NC 27549**

Speaker: April Parker, MSW, PLCSW

Intensive-In-Home Team Lead @ Triumph, LLC
Master of Social Work, Univ. of North Carolina @
Chapel Hill, B.A. Psychology, University of North
Carolina @ Chapel Hill

To RSVP contact: Gina DeMent
Community Relations Specialist at:
Gina.dement@cardinalinnovations.org

Bring your own lunch or enjoy Pizza and drinks for \$2:00 a person.

