









### **Our Local Sponsors**

Henderson Family YMCA

Granville-Vance District Health Dept.

Henderson Junior Woman's Club

> Chase Development

Icon Entertainment

Subway on Andrews Ave. Chick-fil-a of Henderson

Amy Matthews Photography



#### Gobbling up Hunger for ACTS



For the 3rd year GOTR NNC is partnering with ACTS (Area Christians Together in Service), a local non- profit organization in Vance

County whose mission is to help those who are without food by providing food and moral support for those who have been abused.

Part of the Girls on the Run experience is giving back to our community! Lets **Gallop** to **Gobble**Up Hunger for ACTS on November 22nd!



Girls on the Run of Northern North Carolina would like to extend a HUGE thank you and a SUPERSTAR energy award to Triangle North Healthcare Foundation for helping to provide scholarships to the girls in our community and make our program possible!

#### About Girls on the Run

Girls on the Run® is a positive youth development program which combines an interactive curriculum and running to inspire self-respect and healthy lifestyles in preteen girls. Our core curriculum addresses many aspects of girls' development - their physical, emotional, mental and social wellbeing. Lessons provide girls with the tools to make positive decisions and to avoid risky adolescent behaviors.

# Gobble Gallop 2014

**Presented By** 

# Girls on the Run

## **Northern NC**



This season GOTR NNC
wants you to come out and
help us

Gobble up Hunger for ACTS!

Please bring canned goods

November 22nd 2014
9:00 am Downtown Henderson
in front of the
Henderson Police Department



Date: Saturday, November 22, 2014

**Time:** Check in and race day registration will begin at 8am at the Henderson Police Dept. Race starts at 9am.

**Time Company:** Precision Race will be offering real time results to participants who have registered as competitive. Precision Race uses the state-of-the-art Jaguar 4.0 timing system by Innovative Timing Systems which uses disposable chips. Results will be available by: race clock display, text messaging, results kiosks, scrolling results and online after event.

Course: Race begins on Garnett Street in front of the Henderson Police Department. Race participants will enjoy downtown Henderson as they race for the finish line! The course will end back at the Henderson Police Department.

For Additional Information: Please call 252-438-2144 or visit www.gotrnnc.org.



### How to Register

Participants can register in one of three ways:

- 1) Mail completed Entry Form and payment to: Henderson YMCA/GOTRNNC 380 Ruin Creek Road Henderson, NC 27536
- 2) Register Online at: www.henfamymca.org or www.gotrnnc.org
- 3) Register on race day. The Registration Booth will be located in front of the Library.





PRE-RACE: Packets will be available Friday, November 21st from 12-6 pm at the Henderson Family YMCA (located at 380 Ruin Creek Road, Henderson NC).

RACE DAY: Packets will be available starting at 8am in front of the Henderson Police Department. T-Shirts are NOT guaranteed if you register on Race Day!

### ister by Nov 10th to Guarantee Your T-Shirt! 🗱



Participants who register after Nov 10, 2014 will NOT be guaranteed a race t-shirt!

### Official 2014 Gobble Gallop Entry Form

Name:	REGISTRATION FEES		
Age: GOTR Site you are representing (circle one):  Aycock, Butner-Stem, CG Credle, EM Rollins, EO Young,	Adult Competitive	Pre-Race ( ) \$25	<b>Race Day</b> ( ) \$30
Stovall-Shaw, Wilton, YMCA, Zeb Vance  E-mail:	Adult Recreational	()\$20	()\$30
Address:	*Child Competitive	()\$15	( ) \$20
T-Shirt Size (circle one): YM YL S M L XL XXL  Make Checks Payable to: Henderson YMCA/GOTR	*Child Recreational *ages 13 and		( ) \$20

PLEASE READ AND SIGN: In consideration of my entry, I, intending to bind myself and anyone entitled to act in my behalf, do hereby release and discharge Girls on the Run International, the City of Henderson, The Henderson Police Department, Volunteers and any and all Sponsors, Contributors, and Organizer from any and all liability arising from any illness, injury, or damages I may suffer as a result of my participation in the Gobble Gallop 2014 Event. I provide and certify my compliance by my signature below. If participant is under 18 years old, I certify by my signature that the child has permission to participate; is in good physical condition; and that officials may authorize emergency medical treatment in the event of injury or illness. I understand that there is no refund due to me for any reason. This release and waiver extends to all claims of every kind whatsoever foreseen or unforeseen, known or unknown. I authorize Girls on the Run of Northern NC to use any photos or videos captured

Signature (If participant is under 18 a parent or guardian MUST sign)

Date